

September 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 No classes →	2	3	4
8 Mommy & Me 11 AM	9 Car Seat Safety 2 PM	10 Victim vs. Victor 2 PM	11
15 Mommy & Me 11 AM	16 No classes →	17	18
22	23 Newborn Sickness 2 PM	24 The Art of Understanding Conflict 2 PM	25
29 Mommy & Me 11 AM	30 Infant Temperament 2 PM		



My name is **Caroline**, I am the Resource Navigator! If you have any questions you can call me, I am always happy to help!

 **(325)701-7999**

Sign up for classes below:



All classes are held at Pregnancy Resources, unless otherwise stated. Snacks are provided, please arrive 5-10 minutes in advance so that class can begin on time.



September 3rd 10 AM

A support group for busy moms who need a little break! Come get out of the house and meet other mamas and enjoy some coffee at Beltway Park Church (North).

Children are Welcome

Save the date for next month:
no meeting for October



October

2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1 No classes	2
6 Mommy & Me 11 AM Circle of Security 1 PM	7 Emotions of Pregnancy 2 PM	8 Being a Father: Practical Discipline 2PM	9
13 Mommy & Me 11 AM	14 Successful Breastfeeding 2 PM	15 Time Management / Job Interview 2 PM	16
20 Mommy & Me 11 AM	21 Crying 2PM	22 Boundaries 2PM	23
27 Mommy & Me 11 AM	28 Period Problems 2PM	29 Childbirth Prep Class (lunch included) (sign up with QR Code above) 12 PM	30



My name is **Caroline**, I am the Resource Navigator! If you have any questions you can call me, I am always happy to help!

 **(325)701-7999**

Sign up for classes below:



All classes are held at Pregnancy Resources, unless otherwise stated. Snacks are provided, please arrive 5-10 minutes in advance so that class can begin on time.



No meeting for October

A support group for busy moms who need a little break! Come get out of the house and meet other mamas and enjoy some coffee at Beltway Park Church (North).

Children are Welcome

Save the date for next month:

November 5th

