

MAY 2022

Sign up for classes by calling
(325)701-7999 or on our website
prabilene.com/classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2	3 Mommy and Me 2PM	4 Parenting Communication: 12PM	5
9	10 Breastfeeding Pt 1 12PM Mommy and Me 2PM	11 Parenting Needs: 12PM	12
16	17 Breastfeeding Pt 2 12PM Mommy and Me 2PM	18 Childbirth Prep: 12PM Please register on the eventbrite link. Lunch Provided	19
23	24 Infant CPR 12PM Mommy and Me 2PM	25 Parenting Relationships: 12PM	26
30	31 Mommy and Me 2PM	1 Parenting Attachment: 12PM	2

All classes are held at Pregnancy Resources, unless otherwise stated. Snacks are provided, please arrive 5-10 minutes in advance so that class can begin on time.



Kristen West
325-701-7999
kristen@prabilene.com

Monthly Parent Groups:



A support group for busy moms who need a little break! Come get out of the house and meet other mamas and enjoy some coffee at the Front Porch Coffee Shop and Bakery.

(Children are Welcome)

May 4th 10am



**DADS
DOING
STUFF**

This group is created by dads, for dads. Come join us at Prime Time. The goal of this group is to connect dads in the same life stage and create community.

May 9th 6-8pm